

# Sangeet Natak Akademi

National Academy of Music, Dance & Drama, New Delhi

An Autonomous body of Ministry of Culture, Government of India

## Celebrates International Day of Yoga



# yog parv

योग पर्व



Festival of Yoga

In the context of performing and visual arts, workshops and interactive sessions

21-22 June 2017

Meghdoot Theatre Complex, Copernicus Marg, New Delhi

## Programme

21st June 2017

### Morning Session

10.30 A.M. – 11.45 A.M.

Physical Orientation and  
Interactive Sessions

#### MEGHDOOT- III

Apurvaa Saxena,  
Mokshayatan Yog Sansthan, Delhi

#### MEGHDOOT - IV

Poonam Singh, Yog Manthan, Delhi

### Afternoon Sessions

12.15 P.M. – 01.45 P.M., MEGHDOOT - III

Vedic Chanting, Rigveda – Rishiraj Pathak, Delhi

Santoor – Abhay Rustom Sopori, Delhi

Klishta-Aklishta – Uncolouring the Coloured  
Shagun Butani, Delhi

2.30 P.M. – 3.15 P.M., MEGHDOOT - IV

Film Screenings on Yoga and related aspects

3.30 P.M. – 5.30 P.M., MEGHDOOT – III

Lecture demonstrations on Performing Arts in  
the Context of Yoga

Sacred Sound : Sanjay Hallon

Classical Dance & Yoga : Acharya Prathishta, Delhi

Actors Body & Yoga : Lokendra Trivedi, Delhi

### Evening Session

6.00 P.M. – 9.00 P.M., MEGHDOOT-I

Presentations of Diverse Cultural Expressions in  
the Context of Yoga

Yajurveda, Vedic Chanting

Jivan Sharma and Disciples,  
Shrinivas Sanskrit Vidyapeetham, Delhi

Kalaripayattu

P. Murugan, Nithya Chaithanya Kalari, Delhi

Silambattam, Poojakunitha, Veeragase

Sahasa Kala Shikshana Kendra,  
Ramnagara, Karnataka

Gotipua

Laxmipriya Gotipua Nrutya Kendra,  
Khordha, Odisha

Odissi

Rahul Acharya, Odisha

Carnatic Violin

M. Lalitha and M. Nandini, Chennai

Bharatnatyam

S. Kanaka and group, Nrithyaranjani, Delhi

22nd June 2017

### Morning Session

10.30 A.M. – 11.45 A.M.

Physical Orientation and  
Interactive Sessions

#### MEGHDOOT- III

Apurvaa Saxena,  
Mokshayatan Yog Sansthan, Delhi

#### MEGHDOOT - IV

Poonam Singh, Yog Manthan, Delhi

### Afternoon Sessions

12.15 P.M. – 1.45 P.M., MEGHDOOT - III

Buddhist Chanting – Rev Tashi, Delhi

Flute Recital – Saurabh Banaudha, Delhi

Sattriya - Mati Akhara – Sri Sri Auni Atiya Sanskrit  
Seva Samiti, Majuli, Assam

2.30 P.M. – 3.15 P.M., MEGHDOOT - IV

Film Screenings on Yoga and related aspects

3.30 P.M. – 5.30 P.M., MEGHDOOT - III

Lecture demonstrations on Performing Arts in  
the Context of Yoga

Dhrupad : Sombala Kumar, Khairagarh

The Yoga of Indian Dance : Mandakini Trivedi, Mumbai

Nritya Sampurna Yoga : Nalini Asthana, Delhi

### Evening Session

6.00 P.M. – 9.00 P.M., MEGHDOOT - I

Presentations of Diverse Cultural Expressions in  
the Context of Yoga

Mallakhamba

Karnataka Sahasa Kala Academy, Karnataka

Gatka

Harmanpreet Singh, Punjab Folk Art Centre,  
Gurdaspur, Punjab

Buddhist Chanting

Rev Tashi, Delhi

Dhrupad

Brij Bhushan Goswami, Delhi

Mridangam

Yella Venkateshwara Rao, Andhra Pradesh

Sattriya

Mallika Kandali, Guwahati

Bharatnatyam

Saroja Vaidyanathan and group, Delhi

Exhibition, 21-22 June 2017, Rabindra Bhawan

Book Exhibition by SAHITYA AKADEMI

Painting & Photography Exhibition by LALIT KALA AKADEMI at Art Gallery, Lalit Kala Akademi

Platform of Traditional Craftsmanship, Jandiala Guru De Thathere, Amritsar, Punjab

Exhibition on Yoga : Yogshala and Namogange, Delhi